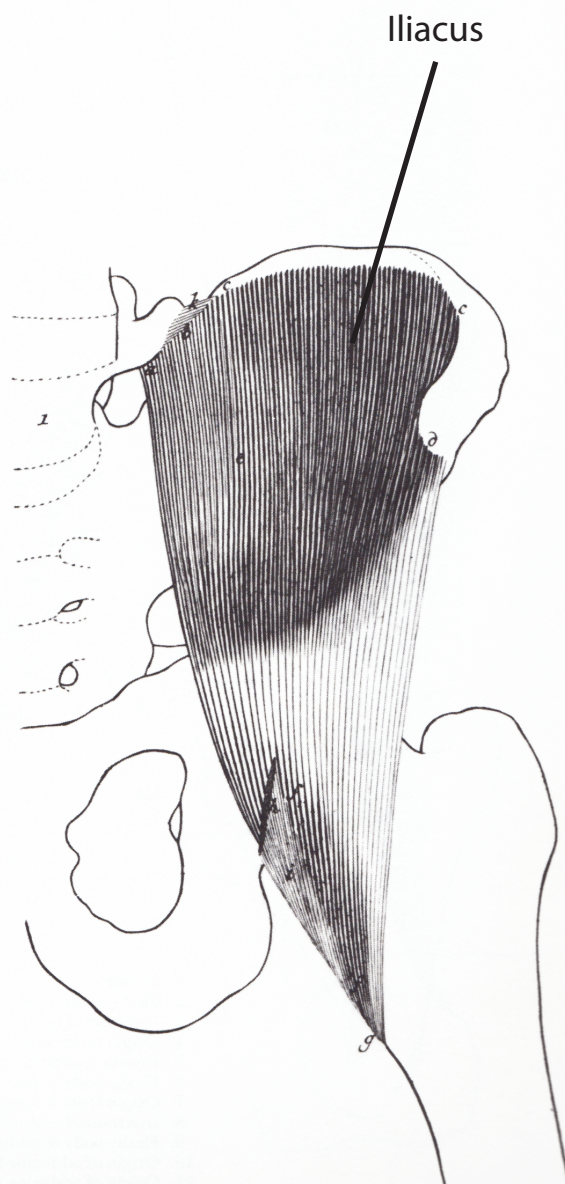
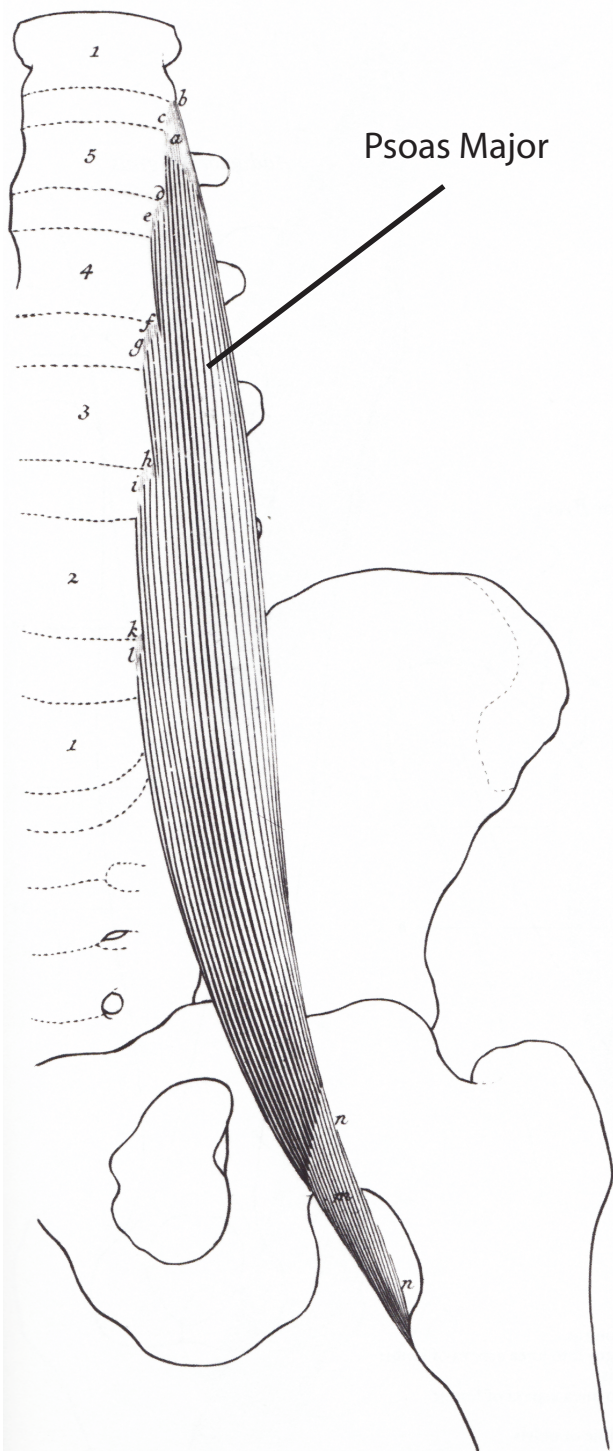
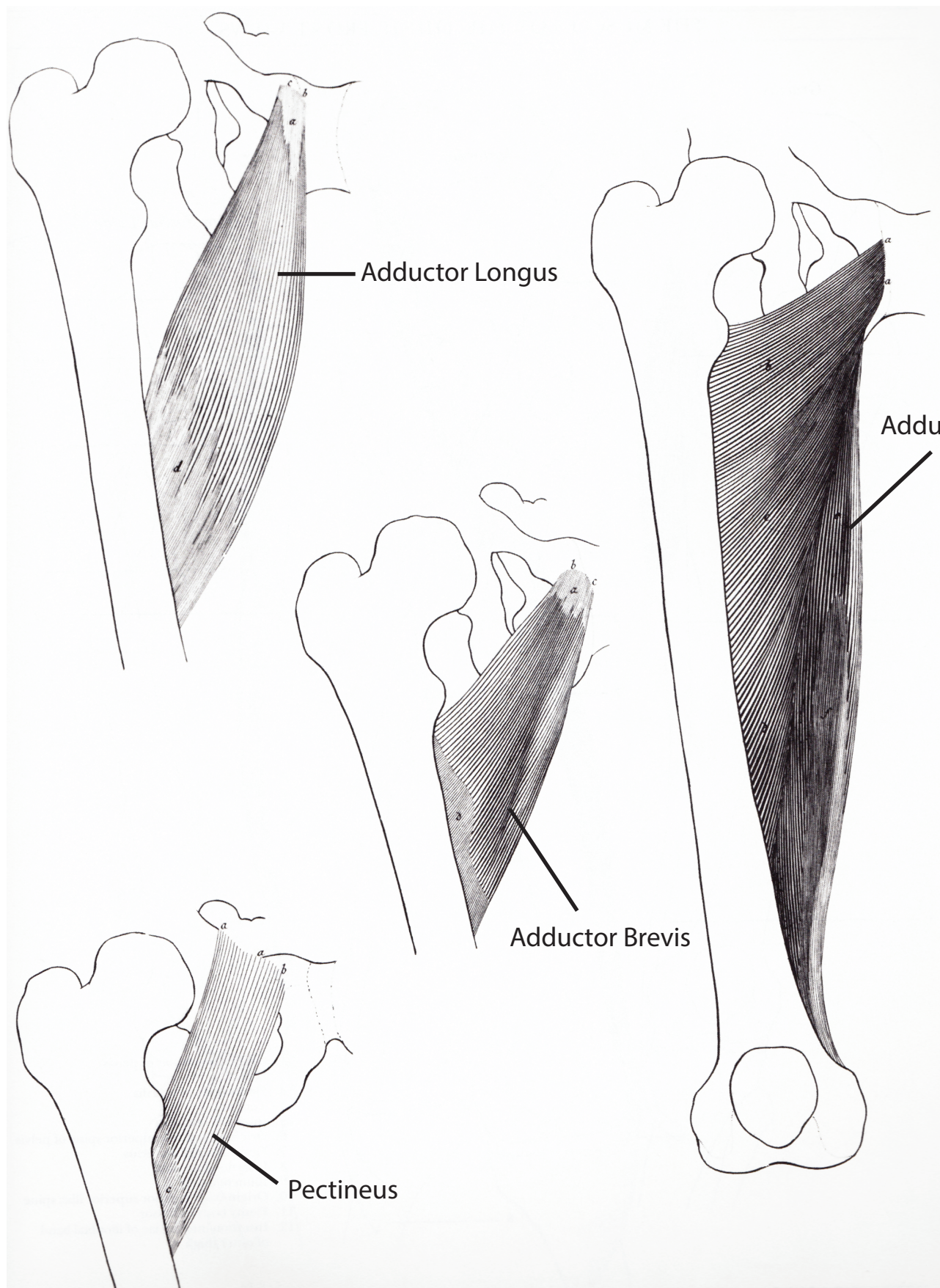






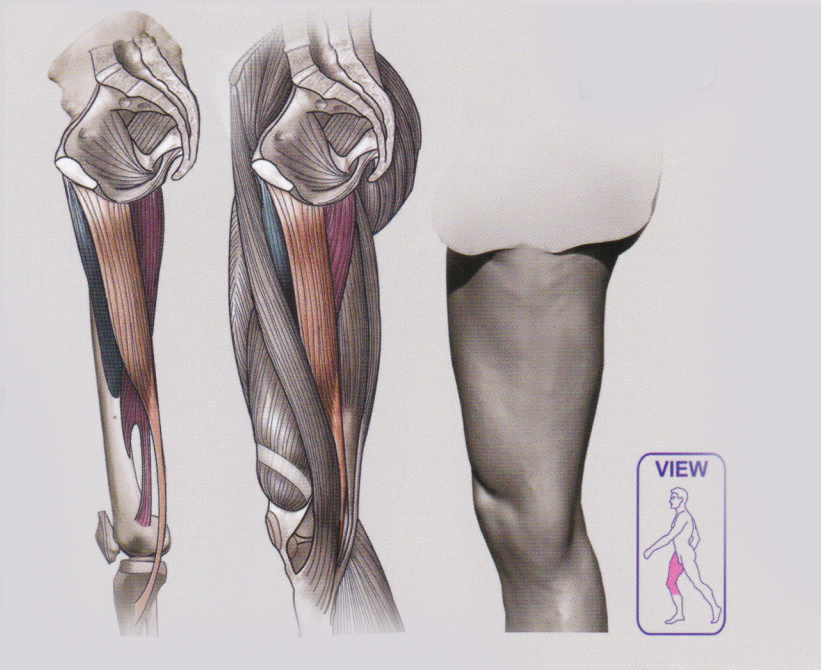
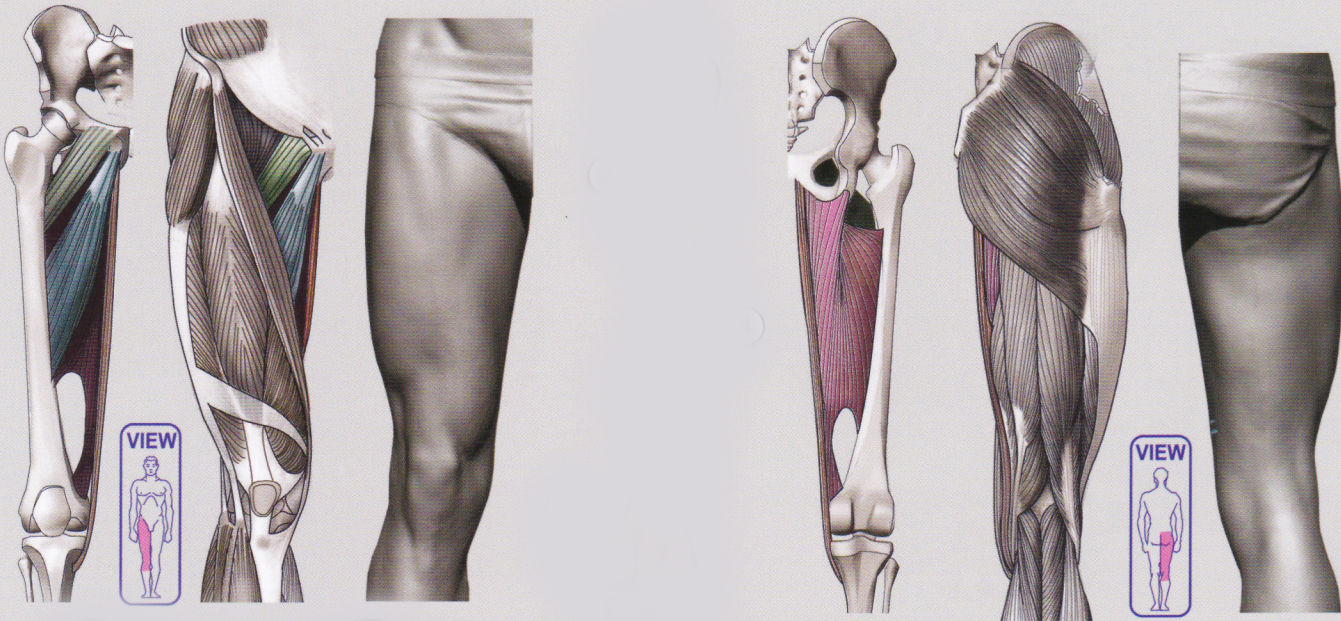
Adductor Longus

Adductor Magnus

Adductor Brevis

Pectineus

PECTINEUS, ADDUCTOR LONGUS, GRACILIS, AND ADDUCTOR MAGNUS
(ADDUCTOR MUSCLES OF THE HIP)

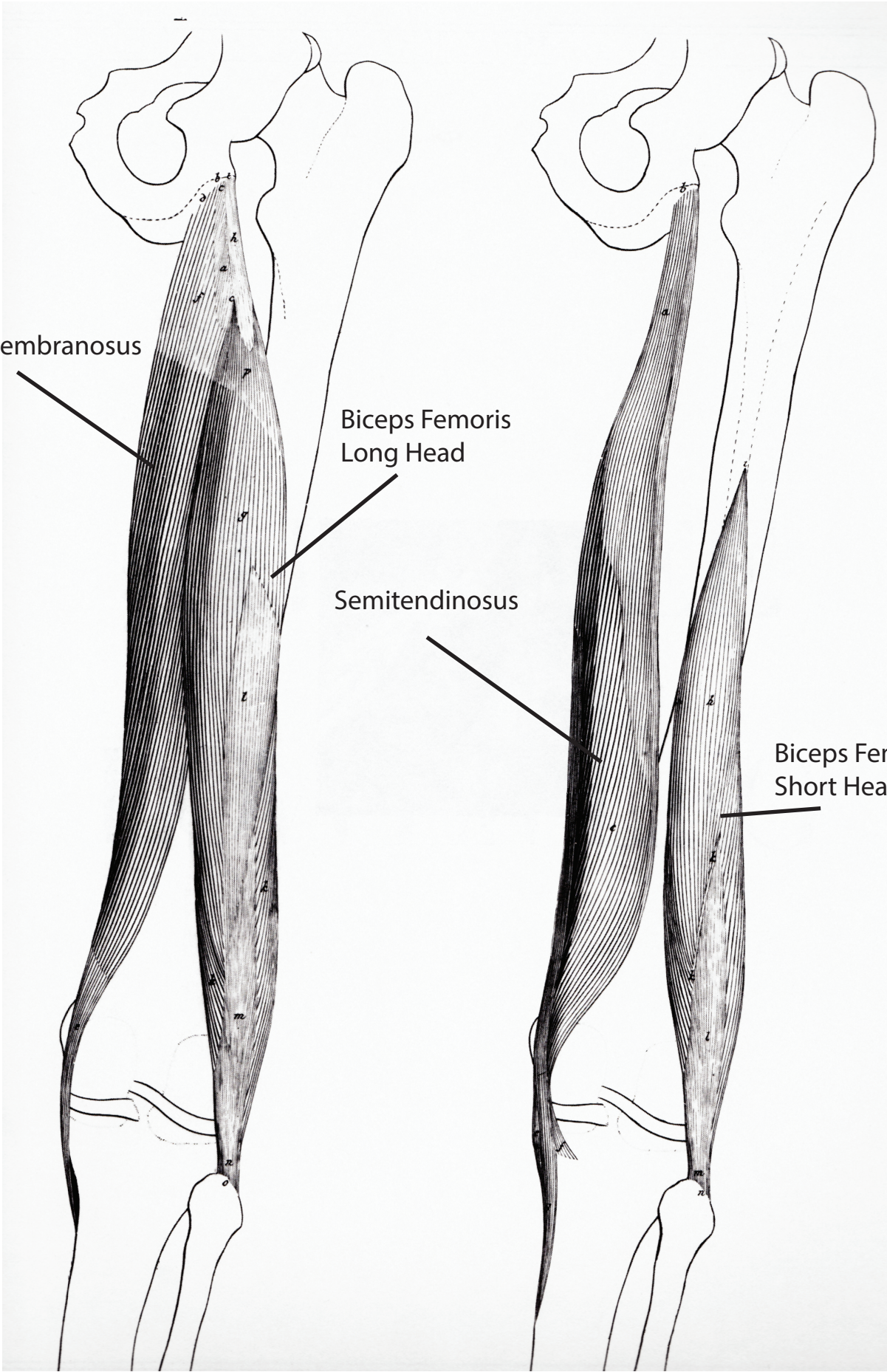


Semimembranosus

Biceps Femoris
Long Head

Semitendinosus

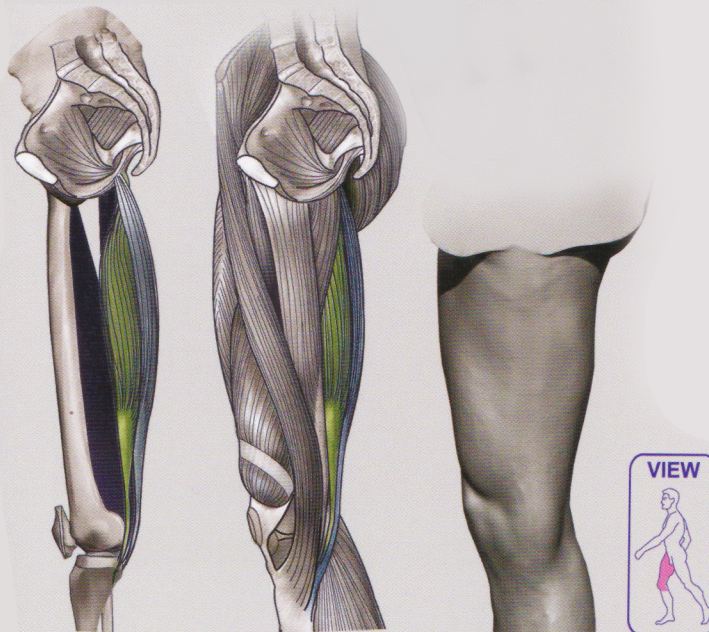
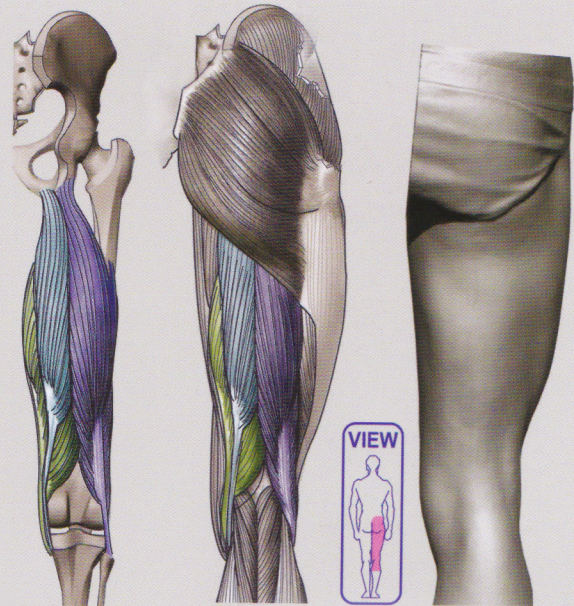
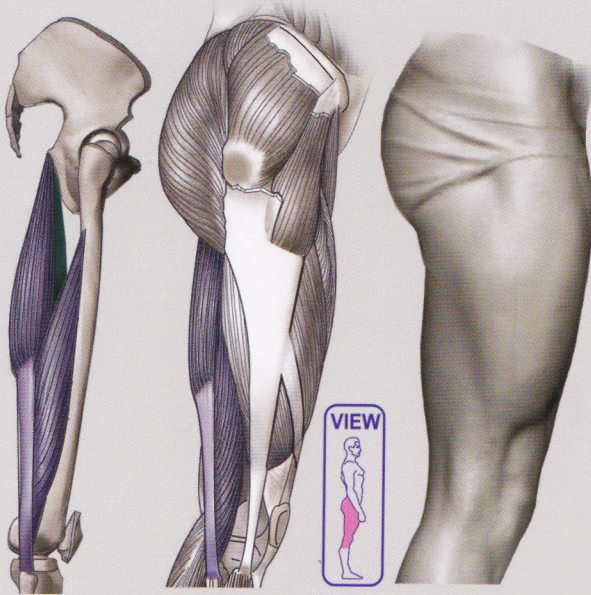
Biceps Femoris
Short Head



HAMSTRINGS

(FLEXORS OF THE THIGH)

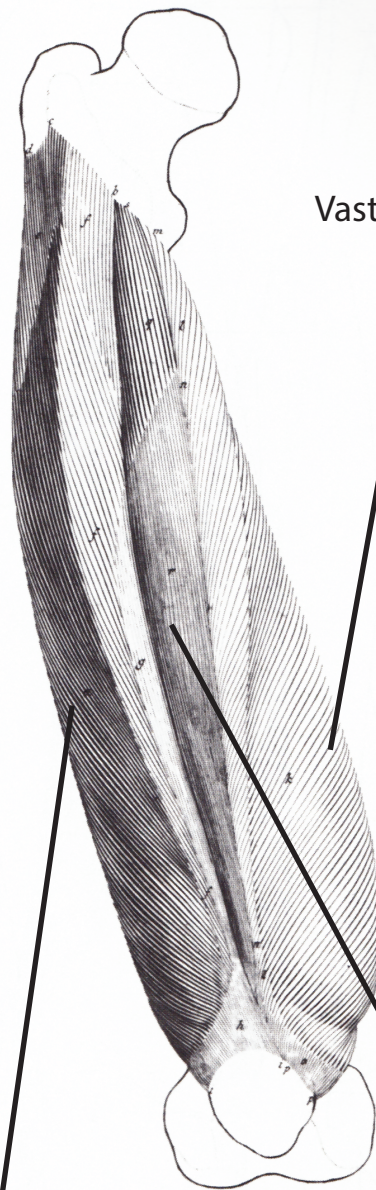
SEMITENDINOSUS, SEMIMEMBRANOSUS AND BICEPS FEMORIS MUSCLES



QUADRICEPS



Rectus Femoris



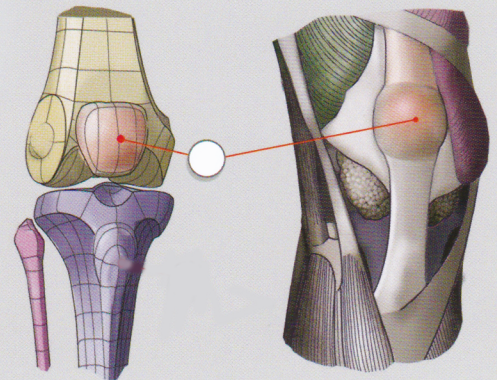
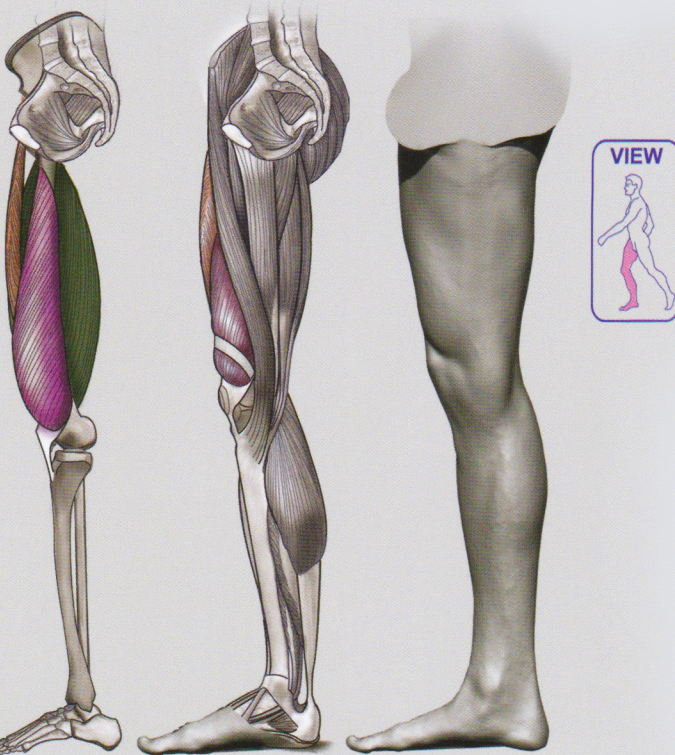
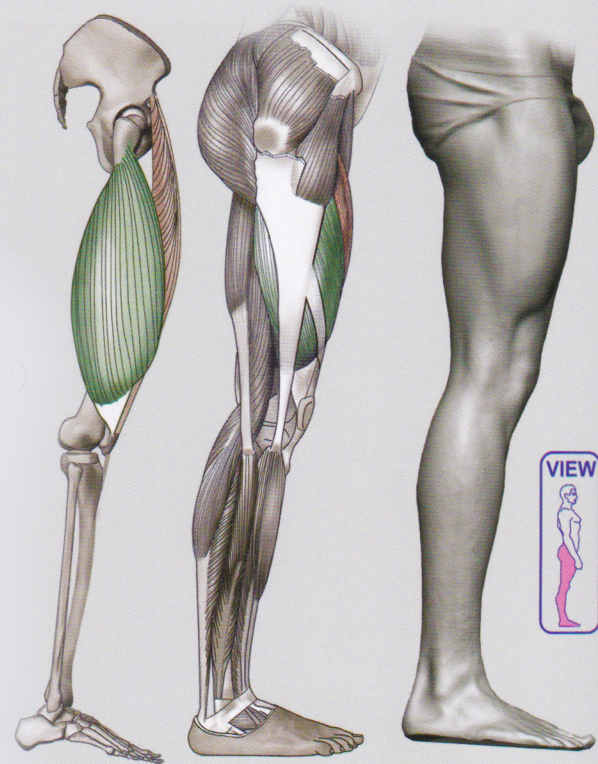
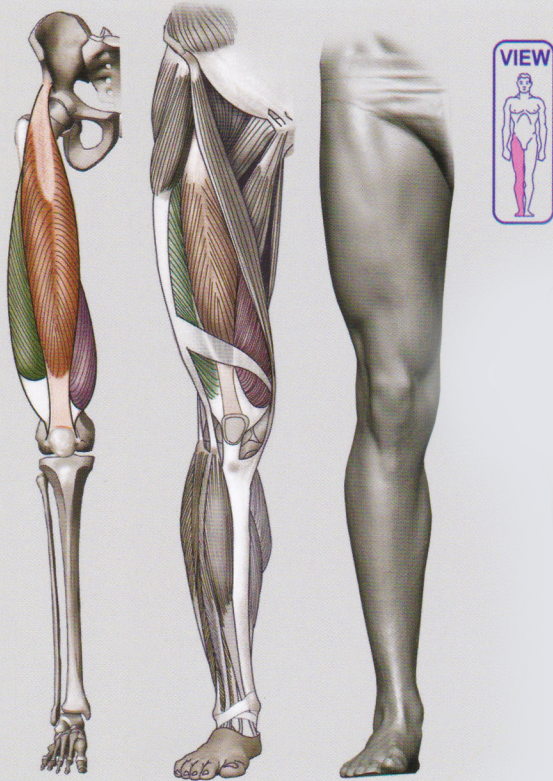
Vastus Medialis

Vastus Lateralis

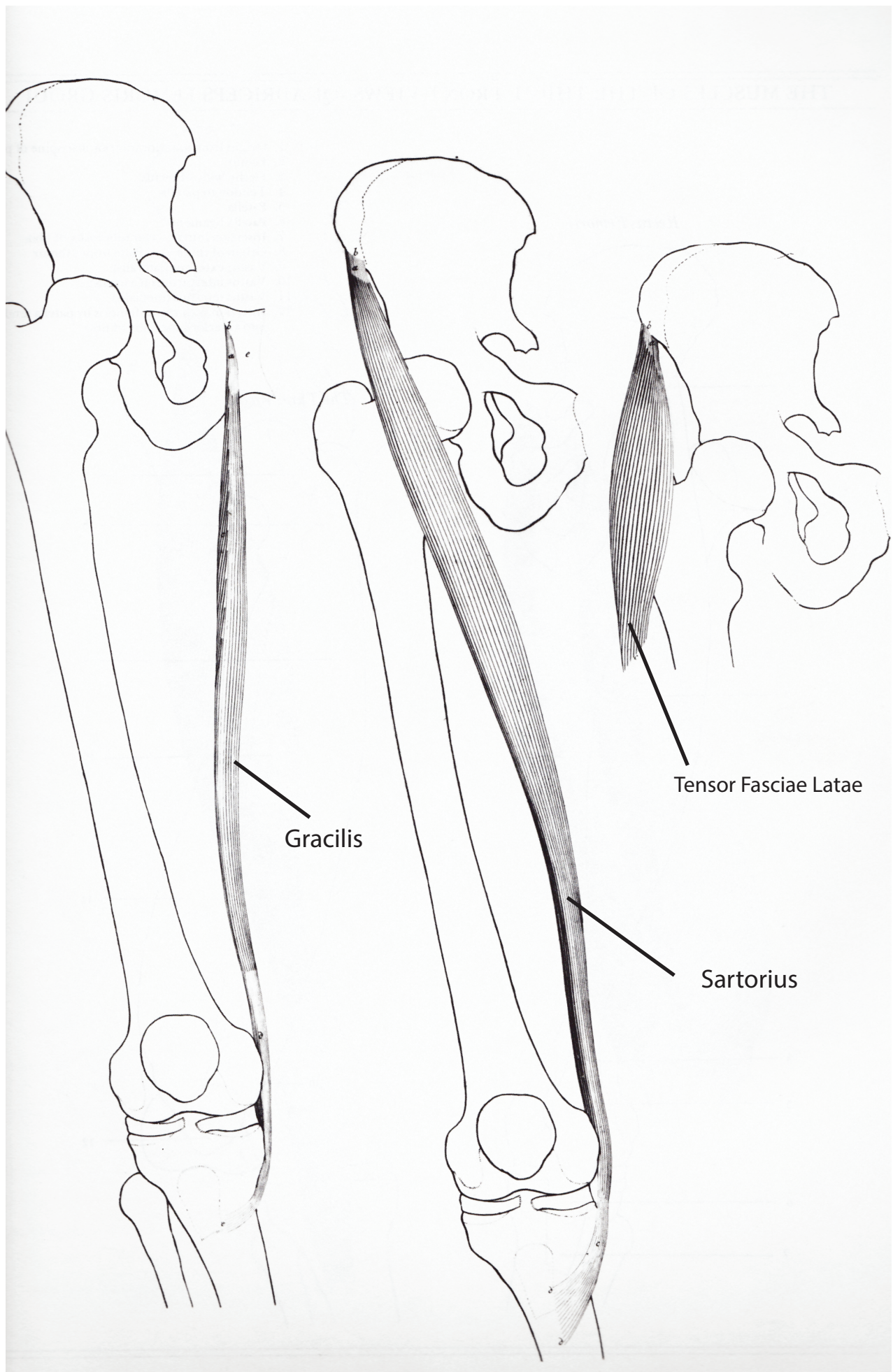
Vastus Intermedius

QUADS

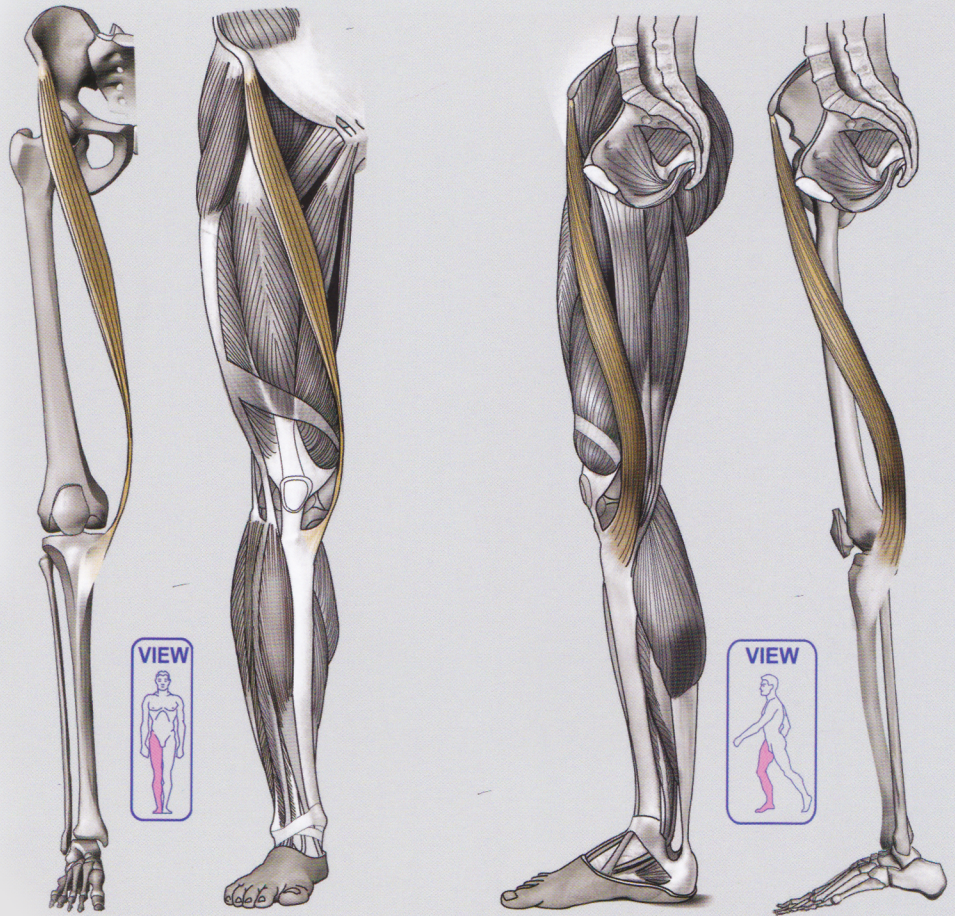
QUADRICEPS FEMORIS MUSCLES



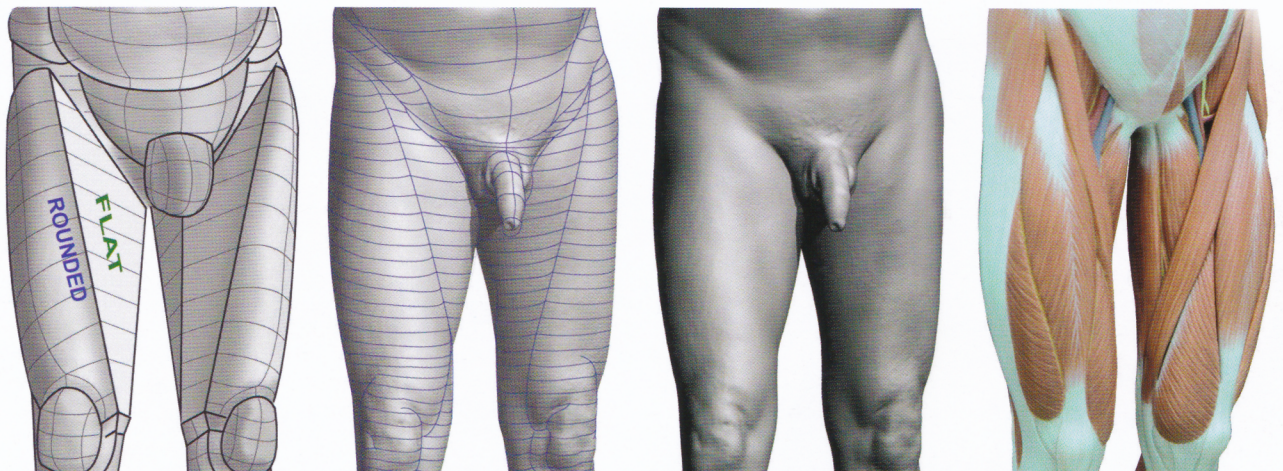




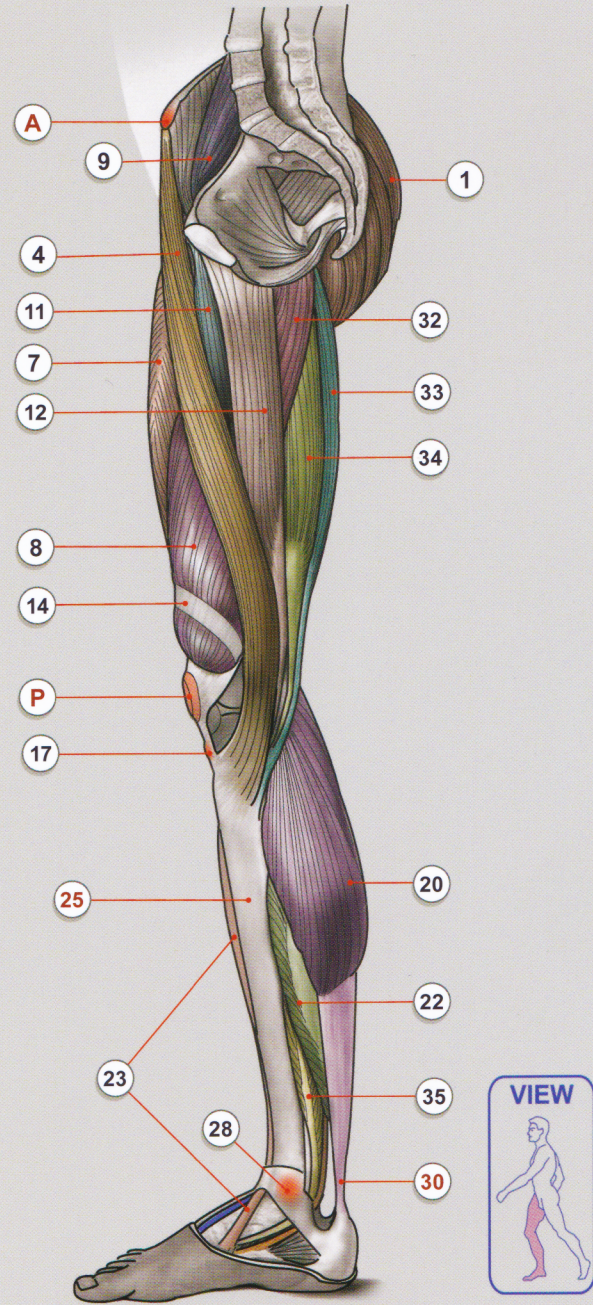
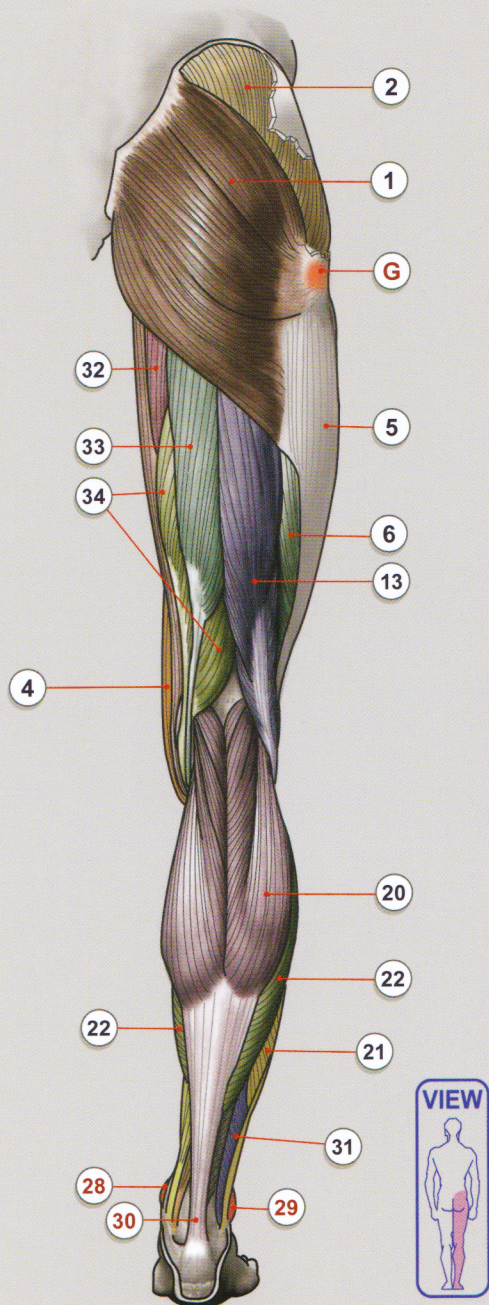
SARTORIUS MUSCLE



SARTORIUS MUSCLE DIVIDES THIGH INTO TWO PLANES

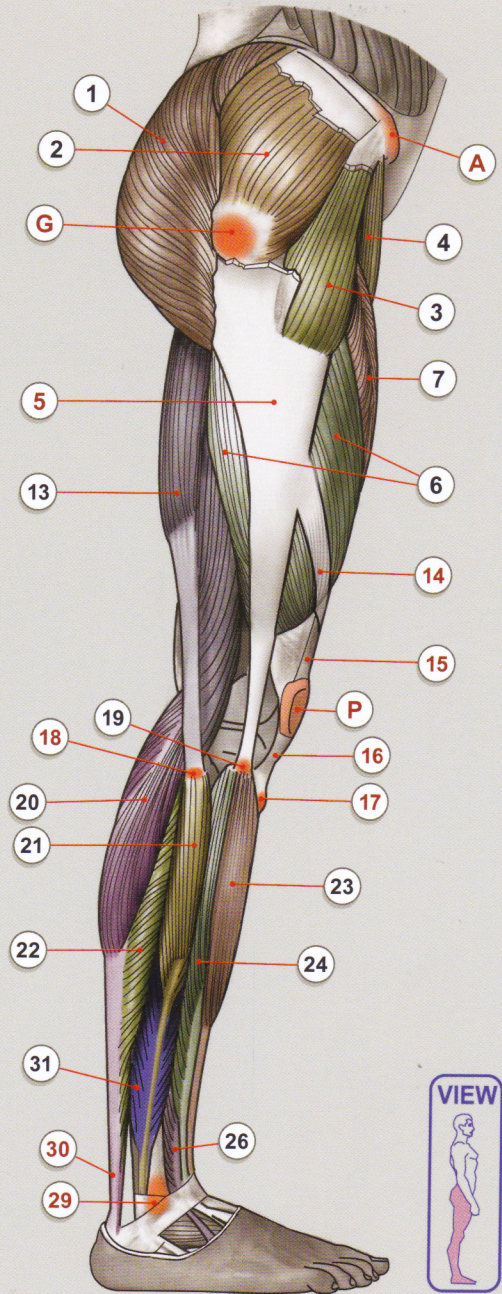
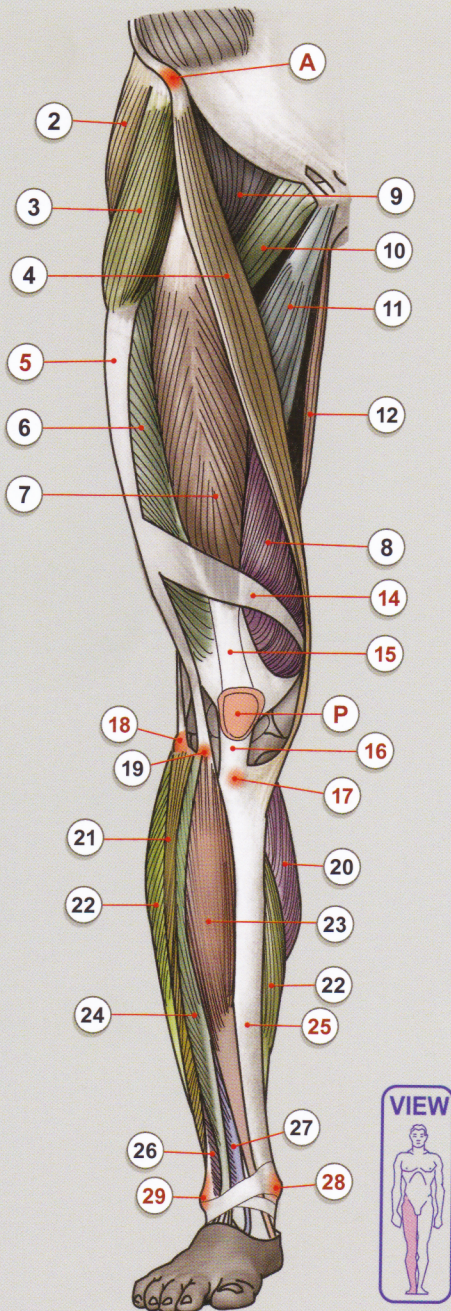


MUSCLES OF LOWER LIMB



19	LATERAL TIBIAL CONDYLE	25	MEDIAL SURFACE OF TIBIA	31	PERONEUS BREVIS
20	GASTROCNEMIUS	26	PERONEUS TERTIUS	32	ADDUCTOR MAGNUS
21	PERONEUS LONGUS	27	EXTENSOR HALLUCIS LONGUS	33	SEMITENDINOSUS
22	SOLEUS	28	MEDIAL ANKLE (M. MALLEOLUS)	34	SEMIMEMBRANOSUS
23	TIBIALIS ANTERIOR	29	LATERAL ANKLE (L. MALLEOLUS)	35	FLEXOR DIGITORUM LONGUS
24	EXTENSOR DIGITORUM LONGUS	30	ACHILLES TENDON		

MUSCLES OF LOWER LIMB



A A.S.I.S.	5 ILIOTIBIAL BAND	12 GRACILIS
G GREATER TROCHANTER	6 VASTUS LATERALIS	13 BICEPS FEMORIS
P KNEE CAP (PATELLA)	7 RECTUS FEMORIS	14 RICHER'S BAND
1 GLUTEUS MAXIMUS	8 VASTUS MEDIALIS	15 QUADRICEPS TENDON
2 GLUTEUS MEDIUS	9 ILIOPSOAS	16 PATELLAR LIGAMENT
3 TENSOR FASCIAE LATAE	10 PECTINEUS	17 TIBIAL TUBEROSITY
4 SARTORIUS	11 ADDUCTOR LONGUS	18 HEAD OF FIBULA